



# Dr. Harvey's

*Fine Health Foods  
for Companion Animals*

## Raw Vibrance

Feeding Guide

Thank you for choosing to feed your companion dog Dr. Harvey's Raw Vibrance. You will soon discover what makes Raw Vibrance uniquely different from all other dog foods.

The principle behind Raw Vibrance is simple – feeding a diet rich in fresh, high-quality protein and other natural ingredients allows your companion dog to absorb a powerful, healthy dose of vitamins, minerals and other essential nutrients – which is the key to ensuring a healthy, happy and long life. Feeding fresh food *will* make a noticeable and remarkable difference in the health and well-being of your dog. **Good health begins in the kitchen.**

Yours in truth and health,

**Dr. Harvey & The Team**

If you have any questions about how to use Raw Vibrance, questions regarding a specific health challenge facing your dog, or just want to say “Hi” – we’d love to hear from you!

Call us toll free at 1-866-362-4123  
or e-mail [info@drharveys.com](mailto:info@drharveys.com)

# Instructions

Preparing fresh food for your dog takes just minutes a day and it's **really easy to do.**

PLEASE SEE THE FOLLOWING PAGES FOR SUGGESTED AMOUNTS OF RAW VIBRANCE, PROTEIN, AND OIL.

1

Add hot water to Raw Vibrance.

Let sit for 8 minutes or until Raw Vibrance has absorbed the water. Stir occasionally.

2

Add your choice of quality protein.

Beef, poultry, fish, eggs, etc. Alternate the type of protein you use about once a week. Protein can be Raw or lightly-cooked. Organ meat can also be added.

3

Add your choice of oil.

Coconut oil, MCT oil, fish oil, krill oil, Dr. Harvey's Health and Shine or any healthy oil of your choice.

4

Watch a happy and healthy dog eat.

Mix thoroughly. Serve at room temperature. Always make sure your companion dog has fresh, clean water to drink.



RAW  
VIBRANCE



HOT  
WATER



HIGH QUALITY  
PROTEIN



OIL



FRESH  
HOMEMADE  
MEAL

## Feeding Guidelines

The following amounts are only general guidelines. Individual requirements will vary depending upon factors such as metabolism, daily activity, breed, health, genetics, and environment. You are the one that actually knows your dog, so you are in the best position to fine tune this general guideline.

Part of healthy feeding is monitoring your pup's weight. If your dog is too thin, feed *more* than the suggested amount. If your dog is overweight, feed *less*. When in doubt, remember that it's better to feed a little less than to overfeed your companion dog.

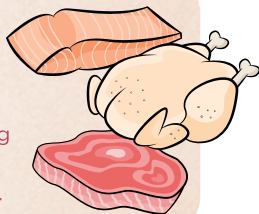
The amounts below are “per day” requirements and may be divided into two or more meals.

### Adult Dogs (1½-7 years old) AMOUNT OF FOOD PER DAY

DOG'S WEIGHT IN POUNDS	SCOOPS OF RAW VIBRANCE	SCOOPS OF WATER	OUNCES OF PROTEIN	TEASPOONS OF OIL
3 - 8	1 - 1 ½	1 - 1 ½	2 - 5	½
9 - 18	1 ½ - 2	1 ½ - 2	5 - 7	1
19 - 30	2 - 3	2 - 2 ½	7 - 9	2
31 - 50	3 - 4	2 ½ - 3 ½	9 - 13	3
51 - 70	4 - 5	3 ½ - 4	13 - 17	4
71 - 90	5 - 6	4 - 5	17 - 20	5
91 - 110	6 - 7	5 - 6	20 - 25	6
110 - 140	7 - 9	6 - 7 ½	25 - 31	7

1 pound = 16 ounces    ½ pound = 8 ounces    ¼ pound = 4 ounces

**Rotating Proteins** – Change the type of protein you use about once a week. Meats, poultry, fish and eggs each have different compositions of amino acids, as well as different levels of fats, vitamins and nutrients. By mixing or interchanging different protein sources, dogs receive the nutritional benefits of all these essential nutrients.



## Older Adult Dogs (7+ years old) AMOUNT OF FOOD PER DAY

Nutritional requirements for dogs modify slightly as they age. The chart below allows for the change that will help your senior maintain good health during their golden years.

DOG'S WEIGHT IN POUNDS	SCOOPS OF RAW VIBRANCE	SCOOPS OF WATER	OUNCES OF PROTEIN	TEASPOONS OF OIL
3 - 8	1 ½ - 2 ½	1 ½ - 2	2 - 3	½
9 - 18	2 ½ - 3	2 - 2 ½	3 - 4	1
19 - 30	3 - 3 ½	2 ½ - 3	4 - 6	2
31 - 50	3 ½ - 5	3 - 4	6 - 8	3
51 - 70	5 - 6	4 - 5	8 - 10	4
71 - 90	6 - 7 ½	5 - 6 ½	10 - 14	5
91 - 110	7 ½ - 9	6 ½ - 8	14 - 17	6
110 - 140	9 - 11	8 - 9 ½	17 - 25	7

1 pound = 16 ounces    ½ pound = 8 ounces    ¼ pound = 4 ounces

**For Puppies** – please flip this booklet to other side.

## Transitioning Your Dog to Raw Vibrance

Most dogs transition very easily to Raw Vibrance – even dogs with sensitive stomachs. You can begin by adding a small amount of Raw Vibrance to the food you are currently feeding and increase the amount daily. Continue increasing the Raw Vibrance, while decreasing the old food, making the complete switch in about a week.

---



### Storing Raw Vibrance in the Refrigerator or Freezer

Raw Vibrance can be made in advance and stored in the refrigerator for up to 3 days. Simply double or triple the recipe to make enough for multiple days. Store in an airtight container.

You can also freeze Raw Vibrance in individual zip lock bags for your dog sitter when you are away. When freezing Raw Vibrance **do not** add the oil. The oil should be added just before feeding and never frozen.



To watch a video of how to make Raw Vibrance, please visit [www.drharveys.com/videos](http://www.drharveys.com/videos)

# Preparing A Low-Protein Diet AMOUNT OF FOOD PER DAY

Dogs with compromised kidneys or dogs requiring a lower protein or lower phosphorous diet should use this chart.

DOG'S WEIGHT IN POUNDS	SCOOPS OF RAW VIBRANCE	SCOOPS OF WATER	OUNCES OF PROTEIN	TEASPOONS OF OIL
3 - 8	1 ½ - 2 ½	1 ½ - 2	1 ½ - 2	½
9 - 18	2 ½ - 3	2 - 2 ½	2 - 3	1
19 - 30	3 - 3 ½	2 ½ - 3	3 - 4	2
31 - 50	3 ½ - 5	3 - 4	4 - 5	3
51 - 70	5 - 6	4 - 5	5 - 7	4
71 - 90	6 - 7 ½	5 - 6 ½	7 - 8	5
91 - 110	7 ½ - 9	6 ½ - 8	8 - 10	6
110 - 140	9 - 11	8 - 9 ½	10 - 12	7

1 pound = 16 ounces    ½ pound = 8 ounces    ¼ pound = 4 ounces



## Feeding A Puppy (Up to 18 months)

Small breed and large breed dogs have different nutritional requirements during their growth stage. Due to differences in breed-specific nutritional requirements for growing puppies, we cannot provide one size-fits-all guidelines for puppies. Raw Vibrance can be used to create a balanced meal for your puppy.

**To use Raw Vibrance with your puppy, please consult with a certified animal nutritionist. They can develop a recipe that is customized for your dog's individual growth requirements.** Dr. Harvey's can provide a nutritional analysis of Raw Vibrance that will assist in making a balanced food for your growing dog.

---

## Adding Healthy Extras to Raw Vibrance

You can enhance the benefits of Raw Vibrance by adding a variety of healthy whole foods to your dog's diet. In fact, we suggest that you regularly add organ meat to provide nutritional variety, and extra vitamins & mineral. By providing variety in your dog's diet, rotating protein sources (beef, chicken, fish, etc), rotating oils and regularly adding in organ meat, you help ensure that your dog is getting a wide array of naturally occurring proteins, fats, vitamins, minerals and amino acids.

Here are some healthy extras we recommend incorporating into your dog's diet:

- Organ Meat
  - Canned Mackerel & Sardines
  - Raw Goat's Milk
  - Oysters (with shell removed)
  - Kefir, Yogurt & Cottage Cheese
  - Fresh or Dried Fruits & Vegetables
- 



**Dr. Harvey's**

*Fine Health Foods  
for Companion Animals*

For more information please visit

[www.drharveys.com](http://www.drharveys.com)

or call us toll free at

**1 (866) 362-4123**