



Dr. Harvey's



Feeding Guide

SPECIALTY DIETS

**LIMITED
INGREDIENT**

Formerly Called Allergy

Thank You for Choosing Dr. Harvey's

Thank you for choosing to feed your dog Dr. Harvey's Limited Ingredient, the healthy alternative to kibble. For over 30 years, we've been using the power of fresh nutrition to help pets maintain and reclaim their health.

Diet plays a vital role in your dog's wellbeing – feeding fresh, clean foods naturally prevents the inflammation and gut upset that can be triggered by cheap fillers and preservatives. Limited Ingredient is specially formulated to combat canine skin, digestive, and environmental sensitivity issues, promoting the good gut health and strong immune system that is the key to a longer, better quality of life. The right food is powerful medicine!

Good health begins in the kitchen.

Yours in health,

Dr. Harvey & The Team

Questions or Concerns?

We want the best for your dog, and gladly provide one-on-one support and custom solutions. If you have any questions about your pet's health or dietary needs, our team of animal nutritionists is readily available to help.

Call us toll free: 1-866-362-4123

Email us at: hello@drharveys.com

Instructions

Preparing fresh food for your dog takes just minutes a day and it's really easy to do. Please see the following pages for suggested feeding amounts.

1



Measure the
correct amount
of food
(see chart).

2



Add hot water
and **wait 12**
minutes.

3



Serve a **healthy,**
homemade meal.

Watch the Video

See how easy it is to make Limited Ingredient.

Visit: www.drharveys.com/videos



Feeding Guidelines

For over 30 years, we've taught pet parents the health benefits of **feeding fresh**. We only use the highest quality ingredients and real whole foods – with zero compromises and no artificial anything. We're family run and driven by one goal: to help the animals we love live longer, healthier lives.



Tailor the water to your dog's preference. If they like it a little thicker, add less water.

Limited Ingredient: Use a standard measuring cup to make your dog's meals. The serving amounts on the chart below are “per day” and may be divided into two or more meals.

Dog's Weight in Pounds	Dry Cups Per Day	Cups of Hot Water
3 – 8	$\frac{1}{4}$ — $\frac{1}{2}$	$\frac{1}{2}$ – 1
9 – 18	$\frac{1}{2}$ – 1	1 – 2
19 – 30	1 – $1\frac{1}{4}$	2 – $2\frac{1}{4}$
31 – 50	$1\frac{1}{4}$ – 2	$2\frac{1}{4}$ – $3\frac{3}{4}$
51 – 70	2 – $2\frac{1}{2}$	$3\frac{3}{4}$ – $4\frac{1}{2}$
71 – 90	$2\frac{1}{2}$ – 3	$4\frac{1}{2}$ – $5\frac{1}{2}$
91 – 110	3 – $3\frac{1}{2}$	$5\frac{1}{2}$ – $6\frac{1}{2}$
111 – 140	$3\frac{1}{2}$ – $4\frac{1}{4}$	$6\frac{1}{2}$ – $7\frac{3}{4}$

These guidelines are based on per day amounts for adult dogs.

Tips and Tricks



Sample one variety of our Limited Ingredient recipe at a time before introducing another to ensure it is well tolerated (eg. try Turkey first then try Salmon a week later)



To alleviate gut upset during your dog's transition to Limited Ingredient, try our Run's Be Done digestive supplement – simply sprinkle right over food as needed



As you transition to our Limited Ingredient diet, an aloe vera and shea butter cream can be applied directly to your dog's skin to help with itching



Give an herbal immune supplement daily, like our Allergy + Immune Soft Chews, for ongoing support against irritation and sensitivity



Avoid shampoos and grooming products with chemical additives. Toxins = irritation!



Limit treats to those that are free of preservatives, fillers and dyes or stick to pure meats in between meals

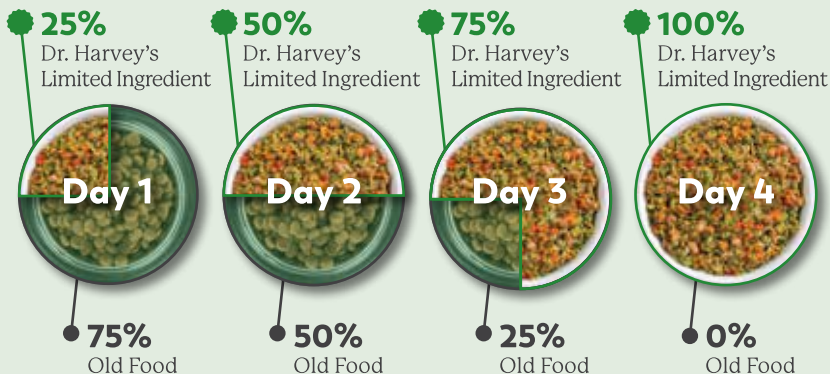
Tasty Treats, Serious Benefits

Dr. Harvey's Soft Chews are a convenient, tasty, and effective way to support your dog's specific health and wellness needs.



Transitioning Your Dog

When moving to a new food, it's always smart to slowly transition your dog. When you transition your dog over several days it allows their digestive system to acclimate to their new food.



Share Your Success Story

We love hearing from pet parents who are amazed at the difference Dr. Harvey's has made in their dog's life. If you have a story or picture to share, please connect with us.

Find us
on Social
Media!

 [doctorharveys](https://www.instagram.com/doctorharveys)

 [doctorharveys](https://www.facebook.com/doctorharveys)

 hello@drharveys.com

Frequently Asked Questions

+ Can I make Limited Ingredient ahead of time and store it in the refrigerator?

For best results, make fresh daily. Rehydrated food can be stored in the refrigerator in a sealed container for up to 3 days. Add hot water and stir after refrigeration to bring to desired consistency and temperature.

+ My dog is a picky eater. How can I make this more palatable?

Most dogs love the taste of real food. However, if your dog doesn't take to Limited Ingredient right away, try rehydrating the mixture with bone broth instead of water to entice him or her.

+ Is it okay to still give my dog treats?

The best kind of treat is a single ingredient treat of pure meat, like our Freeze-Dried Dog Treats. This way, you can track what might be triggering their sensitivities.

You'd Roll Over for Your Dog

Return the love with a healthy reward that will make them jump for joy with Dr. Harvey's Freeze-Dried Dog Treats.



Limited Ingredient at a Glance

Dogs thrive on what they eat – so skip the cheap fillers and preservatives that may cause discomfort and digestive upset. Our clean, precisely balanced recipe is crafted to support dogs with skin, digestive, and environmental sensitivities. Made from the highest quality, carefully selected ingredients, with nutrients that nourish at the cellular level. **Because a healthy pup starts with balanced nutrition and good gut health.**



1st Ingredient:
Real Meat



Sensitivity
Support



Real Whole
Superfoods



Healthy
Alternative
to Kibble



No Corn,
Wheat, Soy,
Dairy or Eggs



Grain
Free

Add Healthy Oil for a Dose of Omega-3

Dr. Harvey's Health & Shine skin and coat supplement is the perfect companion to our dog food. Add to Limited Ingredient daily as a topper to support strong joints, a healthy heart, and shiny coat.



Dr. Harvey's  www.drharveys.com © 1 (866) 362-4123